

Coventry Mental Health Partnership – Open Forum Meeting

30 May 2012, The Pod, Lamb Street, Coventry.

Facilitated by June Cooley Coventry Carer's Centre – User and Carer Involvement Services Representatives).

21 Attendees: Carers, Service Users and professionals representing various local providers and organisations in Coventry.

Apologies: A Collis

Guest Speakers

- John Brady, Lead Commissioner for Mental Health Services
- Kanta Chankria, Expert Patients Programme, Community Interest Company

June Cooley welcomed everyone.

Matters Arising

An outstanding action point is to invite a GP who is involved in Clinical Commissioning to a future forum.

JC said she had spoken to Rob O' Brien of the Single Point of Entry team and can confirm R O'B will be attending the next forum meeting to answer any concerns, he would like some specific examples where we could look how there can be improvements made.

Maxine Shakespeare from Coventry City Council will be attending the next meeting regarding Personal Health Budgets in Coventry.

A concern was raised at the last meeting regarding the lack of information leaflets in GP Surgeries about mental health.

Julie Cook, Trainee Clinical Psychologist, Coventry University who attended the last forum is to change her research to admission and discharge from hospital, June will update when she has more information.

Kanta Chankria, Expert Patients Programme (EPP), Community Interest Company

EPP is commissioned by the Coventry PCT to deliver free generic courses for adults, or a carer of someone living with any long term health condition. Some of the subject matters over the 6 weekly sessions include:

- Managing tiredness and pain
- Coping with feelings of depression
- Healthy Eating
- Relaxation techniques and exercise

- There is also a course for managing mental health conditions, which is built on the generic course but includes subjects such as triggers and relapse symptom awareness, positive thinking and anxiety and depression awareness. EEP is not currently commissioned to run this programme but KC proposed that they could offer to run a generic programme for some members of this group and to run a mental health programme for others of the group so there would be comparison results for future commissioning bids. A taster session or a coffee morning for more information was also offered.

KC said if you have direct personal experience of a long term health condition and you had attended one of their courses you could also go on to be a volunteer or sessional worker for the EPP.

There were many positive comments from people who had completed the courses.

For more information please contact: 0800 988 5560 or visit www.expertpatients.co.uk .

John Brady, Lead Commissioner for Mental Health.

John Brady, Lead Commissioner gave an overview of the changes happening nationally and locally regarding the NHS reforms and the Clinical Commissioning Groups (CCGs) in Warwickshire. Each of the CCGs has now become sub-committees of the Arden Cluster Board.

JB explained that the Arden Cluster, which was formed in 2011, consists of Primary Care Trusts NHS Warwickshire and NHS Coventry. The responsibilities of the CCGs will develop during 2012/13, taking full statutory responsibility for Commissioning healthcare from April 2013.

JB updated the meeting regarding the configuration of the Clinical Commissioning Groups (CCGs), accurate as of 10th May: 'There are now three CCGs, each of which will be operating in shadow form for 1st June until they become authorised and take on their full statutory duties next year. They are as follows:

- Coventry and Rugby Clinical Commissioning Group
- South Warwickshire Clinical Commissioning Group
- Warwickshire North Clinical Commissioning Group

Coventry and Rugby CCG comprises: Inspires CCG and Godiva CCG in Coventry, and Rugby CCG. Dr Tony Feltbower, formerly Chair of Godiva CCG, has been appointed as Interim Accountable Officer for Coventry CCG. Dr Adrian Canale-Parola, has been appointed as Interim Accountable Officer for Rugby CCG. During May, the new CCG will look again at its leadership and at appointing its governing body. Juliet Hancox has been appointed as Interim Executive Manager for Coventry and Rugby CCG.

South Warwickshire CCG has remained in its current form and has been working hard over the past few months in its work to achieve authorisation. Gill Entwistle has been appointed as Interim Accountable Officer for South Warwickshire CCG. She will spend 50% of her time fulfilling her new role and 50% of her time fulfilling her current role of Director of Finance for the Arden Cluster.

Warwickshire North CCG comprises: North Warwickshire CCG and Nuneaton and Bedworth CCG and will be appointing its governing body over the coming months.' As new appointments at senior levels within the CCGs are made, they will be announced as soon as possible. It is anticipated that the CCGs will be developing their structures over the coming weeks and these too will be announced.

JB updated the meeting that NHS Coventry and Coventry City Council have announced the appointment of the city's new Director of Public Health Dr Jane Moore who will take up her post from June 2012 and was previously Director of Public Health for Outer North-East London.

JB also informed the meeting that Arden Commissioning Support Service (CSS) has passed the second stage of tests. This means it is now on its way to being 'hosted' by the Commissioning Board.

JB said the challenge was for mental health to have a voice in all the changes that are occurring and for people to be opportunistic and ask their GP's or councillors regarding mental health. JB said a good way to for user and carer representation would be attend GPs patient panels at local surgeries.

JB also said his colleague, Anima Thwaite, was in the early stages of a big piece of work in the main general hospital and how mental health has a part to play in physical conditions and how can mental health services support them.(JC AND AC to invite AT to discuss this piece of work in a future Forum meeting).

For updated information regarding The Arden Cluster and information on accessing local services please visit www.coventry.nhs.uk . For information about which services Coventry and Warwickshire Partnership Trust provide and their Foundation Trust Status please visit www.covwarkpt.nhs.uk .

JC highlighted it is Carers Awareness Week during 18th - 24th June.

**Date of next meeting: Wednesday 11 July 2012 at The Pod, 1a Lamb Street
Meeting Commences at 12.30pm until 2.30pm**